C auris

The first case in Hong Kong PMH Experiences



ID Forum Dr W K To, PMH ICO 12 August 2019

The first case detected in PMH:

- 48/M, Banker. Travel Hx to Switzerland
- Admit directly to ICU (after land) due to Pulmonary embolism on 19/5/2019
- Transfer to a medical ward F on 31/5/19
- Has been on multiple antibiotics: Rocephin, Sulperazon, Cloxacillin, Tazocin, Augemntin, Levofloxacin, Meropenem, Vancomycin and Fortum
- ETA 14/6 fungal culture : Candida auris (confirmed by phlc on 24June19)
- 24/6: Pooled swab: Heavy growth of C auris
- C auris was considered as colonizer and no antifungal was given

Case 2:

Contact

tracing

?Transmit

- 59/M US resident.
- Pre-existing Coronary Artery Disease with CABG done, but unknown place and time
- **Transit** in HK airport (from Manila to USA)
- Admit directly to ICU on 8/5 with diagnosis of Acute coronary syndrome, post cardiac arrest
- Transferred to a medical ward on 11/5
 - Further transferred to medical ward F on 6/6
 - No antibiotic after 27/5
 - Microbiology results (Pooled swab) 24/6 : No growth 25/6 : 1 colony of C. auris
 - 26/6 : no C puris
 - 26/6 : no C. auris
 - 28/6 : 1 colony of C. auris
 - 29/6 : Few colonies of C. auris

Time line chart of the 1st 2 cases





Medical Ward F



P5: Bed 25->26->other ward-> 13 ->5 5

Entrance

WGS

- The seven local isolates were in the same clade as those from India and Pakistan (South Asian clade)
- They were closely related to one another, differing by ≤12 SNPs
- They are different from the rest of the isolates in this clade by >40 single nucleotide polymorphisms (SNPs).





Distribution of Candida auris clades in the United States.

H 10000 SNPs

Fig 1a. Phylogenetic tree showing the genetic relationships among isolates comprising 4 distinct clades. The isolates from the seven patients were indicated by different colors.

Courtesy from PHLC



Procedure for collecting swabs for Candida Auris



Surveillance culture of Contacts

- According to HA guidelines
- 3 sets of pooled nasal, axilla and groin swab, at least daily apart
- 2 swabs taken: Nasal & Axilla + Groin

Laboratory Protocol:

Culture: Solid Medium: ChromID CAN2 (bioMerieux)



Culture:

- ChromID CAN2 incubated at 35^oC according to package insert.
- Chrom ID:
 - All positive isolates were detected in either day 2 or day 3.
 - Prolonged incubation up to 7 days on 400+ cases, no additional isolates were detected.



Broth: Sabouraud dextrose salt antibiotic broth (10%NaCl+Antibiotics)

- > Incubated at 40^oC according to reference
- Inhibit the growth of various Candida species and bacteria, except C. glabata.
- > Bacteriostatic to Candida species.
- > Help to reduce screening workload.
- ➢ All C. auris growth well at 40⁰C
- > C. auris require 48 hours to growth turbid.
- 2 known cases: No growth on Chrom ID after 7 days incubation but Sab dex salt Ab Broth became turbid on Day 5 and Day 6.



ID: MALDITOF

- Direct transfer method or extended direct transfer method is not good with Consistency B or C and score<2.0 (MSP 7171).
- Only Full extraction method illustrate good result: Consistency A and score >2.0 (MSP 7171).
- Better performance on new software version MSP 7712 (Database N=9 CAUR).

Vitek Yeast card (Software V07.01)

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Installed VITEK 2 Systems Version: 07.01 MIC Interpretation Guideline: AES Parameter Set Name:

Therapeutic Interpretation Guideline: AES Parameter Last Modified:

Vitek Yeast card (Software V08.01)

bioMérieux Customer: System #: Laboratory Report

Printed Jun 26, 2019 12:41 CST Printed by: jackchong

Isolate: RF19000700-1 (Approved)

Card Type: YST Bar Code: 2430834403336771 Testing Instrument: 000014EEECFA (Serial No. 3356) Setup Technologist: Penny Wong(mywong1)

Bionumber: 4110145245321771 Organism Quantity:

Selected Organism: Candida auris

Comments:	

Identification	Card:	YST	Lot Number:	2430834403	Expires:	Mar 9, 2020 12:00				
Information	Completed:	Jun 26, 2019 09:11 CST	Statu:s:	Final	Analysis Time:	17.83 hours				
Organism Origin	VITEK 2									
	99% Probabil	lity	Candida au	ris						
Selected Organism	Bionumber:	411014524532177	Confidence:	Excellent identification						
SRF Organism										
Analysis Organisms and To	ests to Separa	te:				N				
Analysis Messages:										
Contraindicating Typical Biopattern(s)										

Biochemical Details																	
з	LysA	-	4	IMLTa	-	5	LeuA	+	7	ARG	+	10	ERYa		12	GLYLa	
13	TyrA	+	14	BNAG	-	15	ARBa	-	18	AMYa		19	dGALa	-	20	GENa	-
21	dGLUa	+	23	LACa	-	24	MAdGa	-	26	-dCELa	-	27	GGT	-	28	dMALa	+
29	dRAFa	+	30	NAGA1	-	32	dMNEa	+	33	-dMELa	-	34	dMLZa	+	38	ISBEa	-
39	IRHAa	-	40	XLTa	-	42	dSORa	+	44	SACa	+	45	URE	-	46	AGLU	+
47	dTURa	+	48	dTREa.	+	49	NO3a	-	51	IARAa	(-)	52	dGATa	+	53	ESC	-
54	IGLTa	+	55	dXYLa	-	56	LATa	-	58	ACEa	+	59	CITa	+	60	GRTas	+
61	IPROa	+	62	2KGa	+	63	NAGa	+	64	dGNTa	+						

Sensitivity

	E test by PMH						
Fluconazole	Voriconazole	Flucytosine	Amphotericin B	Caspofungin	Micafungin	Fluconazole	Voriconazole
16ug/ml	<=0.12ug/ml	<=1 ug/ml	2 ug/ml	0.25 ug/ml	0.12 ug/ml	>=256ug/ml	0.75ug/ml
CDC Tentative MIC breakpoint (ug/mL) ≥32	N/A	N/A	CDC Tentative MIC breakpoint (ug/mL) ≥2	CDC Tentative MIC breakpoint (ug/mL) ≥2	CDC Tentative MIC breakpoint (ug/mL) ≥4		

https://www.cdc.gov/fungal/candida-auris/c-auris-antifungal.html

Multi-resistant, Candin is probably the drug of choice if treatment is indicated

Patient screening

Specimen types

Pooled swab(Nasal, Axilla and Groin)

Reagents, Materials and Media

chromID[®] CAN2 agar (Biomerieux)

Sabouraud dextrose broth with 10% NaCl and 50mg/L Chloramphenicol and Colistin (20mg/L).

Samples Processing and Examination

Day 0 Put up

- Inoculate pooled Nasal swab and combined axilla and groin swab onto the same half plate (i.e. chromID CAN2) using the same laboratory number.
- Incubate the plate at ambient air at $35 \pm 2^{\circ}$ C.for <u>4 days.</u>
- Check the plate daily.
- Perform MALDITOF identification with full extraction for any suspected colonies (white and pink colonies, EXCLUDE blue colonies)
- After that, inoculate the same nasal swab and Axilla and groin swab into the Sabouraud dextrose broth with 10% NaCl and 50mg/L Chloramphenicol and 20mg/L Colistin. Incubate the broth at ambient air at 40 ± 2°C.for <u>7 days.</u>
- Check the broth daily for any turbidity.

Environmental screening

1. Specimen type

Environment Sponge in a leak proof container

2. Reagents, Materials and Media

Sabouraud dextrose broth (oxoid CM0147) with 10% NaCl and chloramphenicol (50mg/L) and colistin (20mg/L).

3. Specimen processing and examination

- > Add 20 mL sabouraud dextrose salt antibiotic broth into the container.
- > Mixing the broth content thoroughly with slow circular motion then incubated at $40^{\circ}C\pm 2^{\circ}C$ for 7 days.
- Inspect the broth daily for signs of growth or turbidity for up to 7 days.
- Slowly and gently invert every day, making certain paddle surfaces are coated with broth.
- > If the broth is turbid, subculture onto ChromID CAN2 agar (half plate), incubated at $35^{\circ}C\pm 2$ for 3 days.
- > Perform MALDITOF identification with full extraction for any suspected colonies.

Types and Number of Samples Summary

Case no	Nasal	Axilla/groin	Combine	Urine	Rectal	1 st positive screening sample	
1			Positive	Positive	Positive	Clinical specimen	
2	Positive	Positive	Positive	NA	NA	2nd	
3	Negative	Positive		Negative	Negative	1st	
4	Negative	Positive		NA	NA	1st	
5	Negative	Positive		Positive	Positive	2nd	
6	Negative	Positive		Negative	Negative	1st	
7	Negative	Positive		Positive	Positive	2nd	
8	Negative	Positive		Negative	Negative	1st	
9	Positive	Positive	Positive	Negative	Negative	1st	
10	Positive	Positive	Positive	Negative	Negative	1st	
11	Negative	Positive		NA	NA	3rd	
12			Positive	NA	NA	6 th (2 Exposure)	
13			Positive	Negative	Negative	1st	
14			Positive	Positive	Negative	1st	

Outbreak Management

- 1. All confirmed cases of inpatients are having room isolation with strict contact precautions.
- 2. With the help of ICB, CHP, known positive cases can be discharged to OAH after assessment and education.
- 3. Contact tracing (ward / cubicle) and environmental sampling
- 4. Enhanced infection control measures in the affected wards:
 - terminal disinfection of wards and equipment
 - environmental disinfection at least twice daily
 - daily change of bedside curtains
 - reinforcement of hand hygiene
 - infection control patrol by infection control nurses
 - patient education
- 5. HOCT meeting was held on 5 July
 - ICB of CHP has suggested to continue the current control measures

Conclusion:

PMH's experiences have demonstrated the reasons why we are concerned about *C. auris* infections.

- 1. It is often resistant to multiple antifungal drugs commonly used to treat *Candida* infections.
 - In US, about 90% of *C. auris* isolates have been resistant to fluconazole, about 30% have been resistant to amphotericin B, and less than 5% have been resistant to echinocandins.
- 2. It is difficult to identify with standard laboratory methods.
- 3. It can transmit to patients on the hands of healthcare workers, persists in the environment, and can colonize people who then serve as a reservoir for outbreaks.
 - *C. auris* outbreak in a neonatal unit in Venezuela (2012)
 - *C. auris* outbreak with 372 colonization and 85 bloodstream infections in a 992-bed tertiary institution in Valencia, Spain (2016-2017)
 - *C. auris* outbreak with 72 cases in an ICU of the Royal Brompton Hospital in London; the ICU was closed for 11 days (2016)